

For more information about postpartum newborn home visits,  
or to ask about a visit, call your local public health department

– OR –

call the toll free **DHEC CARELINE** at  
**1-800-868-0404**

**Public Health  
Department**

**Phone  
Number**

Abbeville	(864) 366-2131
Aiken	(803) 642-1604
Allendale	(803) 584-3818
Anderson	(864) 260-5541
Bamberg	(803) 536-9060
Barnwell	(803) 541-1061
Berkeley	(843) 792-3561
Beaufort	(843) 525-7615
Calhoun	(803) 536-9060
Clarendon	(803) 435-8168
Charleston	(843) 792-3561
Cherokee	(864) 487-2705
Chester	(803) 385-6152
Chesterfield	(843) 623-2117
Colleton	(843) 549-1516 (118 or 119)
Darlington	(843) 398-4400
Dillon	(843) 774-5611
Dorchester	(843) 792-3561
Edgefield	(803) 637-4035
Fairfield	(803) 635-6481
Florence	(843) 661-4835
Georgetown	(843) 546-5593
Greenville	(864) 282-4100
Greenwood	(864) 942-3600

**Public Health  
Department**

**Phone  
Number**

Hampton	(843) 943-3878
Horry	(843) 915-8804 (843) 365-3153 (fax)
Jasper	(843) 525-7615
Kershaw	(803) 425-6012
Lancaster	(803) 286-9948
Laurens	(864) 833-0000
Lee	(803) 484-6612
Lexington	(803) 785-6550
Marion	(843) 423-8295
Marlboro	(843) 479-6801
McCormick	(864) 852-2511
Newberry	(803) 321-2170
Oconee	(864) 882-2245
Orangeburg	(803) 536-9060
Pickens	(864) 898-5965
Richland	(803) 576-2980
Saluda	(864) 445-2141
Spartanburg	(864) 596-2227
Sumter	(803) 773-5511
Williamsburg	(843) 355-6012
Union	(864) 429-1690
York	(803) 909-7300



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*We promote and protect the health of the public  
and the environment.*

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**Postpartum  
Newborn Home Visit**

A healthy start for you  
and your baby



## What is a Postpartum Newborn Home Visit?

The postpartum newborn home visit is a service for new moms and their babies. Health Department nurses provide the visit to eligible families. The visit is covered by some Medicaid insurance plans. Ask your doctor to make a referral or write an order for a visit.

In the first few days after you and your baby leave the hospital, many changes take place. During the postpartum newborn home visit the nurse will come to your home to make sure you and your baby are doing well.

Someone will contact you or a relative to schedule a time for the nurse to visit you in your home. The nurse will usually spend 1-2 hours with you and your baby.

*“A healthy start for you and your baby”*



## What Will the Nurse Do?

- Ask questions about your health and your baby's health
- Weigh your baby
- Do a physical exam of your baby
- Check your blood pressure
- Do a partial physical exam on you, if needed
- Help you get health care providers' appointments for you and your baby
- Help you with breastfeeding, if needed
- Give you a method of birth control, such as condoms, if needed
- Talk with you about other community resources you may find helpful such as WIC, BabyNet, and reading programs
- Answer your questions



## To help you care for your baby, the nurse will talk to you about:

- Well child care
- Baby's brain development
- Immunizations
- Safety in the car, home, and other places
- Hand washing
- Signs and symptoms of illness
- Taking care of baby's skin, mouth, and diaper area
- Umbilical cord care and circumcision care
- Care for your infant son's penis if he is not circumcised
- Feeding your baby
- Safe sleep, infant sleep patterns, and SIDS risk reduction
- Shaken baby syndrome prevention
- Exposure to second-hand smoke and other harmful substances

## To help you care for yourself, the nurse will talk to you about:

- Breast care
- Signs and symptoms of illness
- Taking care of yourself
- Postpartum activity
- Sleep needs
- Nutritional needs
- Birth control methods
- Prevention of sexually transmitted infections

